

SASP

NEWS

January 2021

Another "Stay Home Stay Healthy" Issue



Looks like we won't be meeting for a while, due to Covid-19 concerns

Spokane Authors and Self-Publishers
P. O. Box 18573
Spokane, WA 99228-0573



Coco says, "Happy New Year!"

Spokane Authors and Self-Publishers (SASP) began in 1998 when *Chuck O’Conner, Elmer Freeman, Joe Meiners, and Dan Vollmer*, Spokane area authors, formed a club in order to share knowledge and experience with those interested in writing and alternative ways of publishing. Today, SASP is a large non-profit organization dedicated to anyone with interests in any aspect of writing and art. Members include aspiring (and successful) authors, poets, journalists, illustrators, editors, publishers, printers, writing instructors, and many others. Monthly luncheon meetings provide inspiration and education by way of knowledgeable and entertaining guest speakers, and the cheerful camaraderie of people sharing common interests and goals. Membership is open to all who love writing, art, and interesting people.

Spokane Authors and Self-Publishers **meets** the first Thursday of each month at **Golden Corral**, 7117 N. Division Street, in Spokane.

Presentations begin at **2:30 pm**. The room opens at **2:00 pm** so members and guests can dine, visit, join, pay dues, browse, and perhaps buy each other’s books. After short break, members and guests relate their accomplishments, mention upcoming activities, and we draw for door prizes. Members and guests must be present to win.

Attendees are requested to buy lunch upon entering the establishment, and to leave an appropriate tip for the waiter/waitress.

Membership benefits include listing on the SASP website, www.spokaneauthors.org. Many members provide short biographies and links to external personal websites, creating more marketing exposure. Current members may list and describe their published works on the SASP website and offer their work for sale at meetings. (Visit the “members” page on our web-site to connect with members’ web-pages. Our “links” page connects to interesting on-line locations, including those of many SASP members.)

Guest speakers inform, inspire, and entertain with a variety of topics designed to provide knowledge about writing and publishing.

SASP members are encouraged to purchase or trade completed works of and with fellow members. They are also encouraged to donate copies of their work as door prizes. Winners of others’ work are expected to provide a review.

Note: SASP no longer transports name tags and display books to and from meetings. Your name tag is yours to keep and maintain. Please take books you provide for display. We provide space for displaying your books, but you must bring them to each meeting.

Submission Deadline: Items to be included in the next edition of SASP NEWS must be received by the editor a week prior to the next scheduled meeting. (Or when the next meeting would normally be held.) **(December 31th for the January 2021 issue.)**

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“Like” the SASP Facebook Page:
www.facebook.com/pages/Spokane-Authors-Self-Publishers/1640079982945679

“Join” the SASP Facebook Group:
<https://www.facebook.com/groups/1646364128981815/>

OUR NEXT MEETING!

This pandemic seems to be dragging on longer than we expected. At this point it's hard to predict when we will be able to meet again. Until then, until vaccines are distributed in sufficient quantities, stay home as much as possible, wear a mask when out and about, and maintain your social distancing.

FROM OUR PRESIDENT

Hi-de-ho my fellow SASPers and SASPerillas,
First, my apologies to members of SASP. In the November issue of this newsletter, Dave and I had asked you to send us short stories or poetry for the December issue. Since I received not one, I felt very disappointed, and bad-mouthed my fellow SASPers and SASPerillas. But, unbeknownst to me at the time, several entries had been submitted to Dave. Thank you and kudos to Beth Camp, Sandy Mason, Esther Hildahl, Stan Parks, and Dave himself for your excellent submissions. Speaking of kudos, hope you didn't miss the large, well-written article by Shawn Vestal in Sunday's (December 27th) Spokesman-Review Northwest section. It's all about our very own poet/editor extraordinaire and longtime SASPer



Dennis Held! Dennis, we wish you the best, and please know you're always in our thoughts.

On with the show: Don't know about you and your festivities, but I was quite upset that, because of the pandemic, my kids and grands were not allowed to come to my house for the traditional crab feast and gift exchange on Christmas Eve this year. I found it profoundly sad.

We did decide, however, that we could safely greet each other on our front lawn and have one family at a time place gifts on the front porch and pick up the gifts from Gram and Grandy. (For the first time in 54 years we did not decorate the inside of the house. Instead, we put wreaths, lights, candles, a small tree with one corona virus ornament, and even Santa himself on our large front porch.) We had rarely seen each other since March, except via Zoom, so we formed a large, socially-distanced circle and talked through masks for about 20 minutes. Then all went back to the safety of their own homes.

What a year! (Dave will probably get this newsletter to you near New Year's Eve or New Year's Day.) Anyway, I wish you all a Happy New Year – 2021 has to be better than 2020! The vaccine is starting to be distributed, so, hopefully, we'll all be immune soon and be back to semi-normalcy, and have our SASP meetings once again.

Despite a worldwide plague, I hope you had reasonably happy holiday.

Be safe and be kind,

Jim

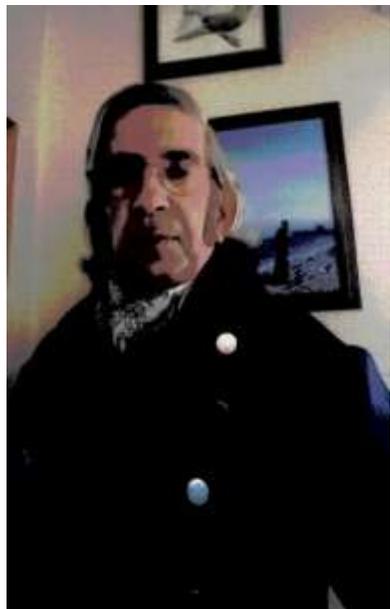
FROM THE EDITOR/WEB-MASTER

Happy New Year, everybody! I'm glad to put 2020 behind us and am hoping 2021 will be better. Eventually we'll get back to meeting as a group, holding book signings, other author events, and living life as we (vaguely) remember it.

Being retired and staying home most of

the time anyway means the pandemic has affected me less than others. Still, its existence hangs over all of us and bears on what we do. I don't go anywhere unless I really need to, and I try to combine errands so I don't need to make numerous trips. I have to remember to have and wear a mask and maintain my social distancing

Perhaps that is why, as the year ended, I found my ambition level down, and the tenacity to stick with any project non-existent. That may explain why, on the second day of the year, I'm still working on this, rather than it already being in your inbox or enroute via USPS.



I believe most of you know that besides doing SASP NEWS, I also edit the REAR ENGINE REVIEW for the Inland Northwest Corvair Club. I also create a third newsletter, our annual family news-gram, FROM OUR HOUSE TO YOURS. This year I shared e-mail copies of it with those of you on the SASP e-

mail group listing. I appreciate the response from many of you. I considered including your responses in this newsletter, but I've shied away from doing that. You may not have meant for your response to be shared with the entire world. Perhaps it was intended for my family and I alone, or perhaps only for members of SASP.

I consider anything published in SASP NEWS to be in the public domain, as it gets posted to the web-site and anyone world-wide can view it. I don't want to put things here you don't want to share with everyone out there. In some cases I forwarded responses to our group as a whole, dependent upon the tone of

the specific response. If you wanted me to do so and I did not, I apologize.

In the future, perhaps we can exchange or forward Holiday Greetings with the organization as a whole via the SASP e-mail address. If I'm sure you mean them for the group, I'll be glad to forward them.

OUR DECEMBER 2020 MEETING

Due to the Corona Virus/Covid 19 pandemic, we did not meet on Thursday, December 3, 2020.

MEMBER WEB-PAGE GUIDE

1. Name and photo/headshot
2. Brief biography
3. Links to web-site, blog, or other on-line locations.
4. Information about any books published.
 - a. Book cover shot/thumbnailed
 - b. Brief description/blurb/reviews
 - c. Amazon ASIN, ISBN or other
 - d. Locations where available.
5. Send as much information as possible to:

daveeva@comcast.net,
authors@spokaneauthors.org, or

Spokane Authors and Self-Publishers
P. O. Box 18573

Spokane, WA 99228-0573

Check out other member web-pages at www.spokaneauthors.org. Click on the "Members" button and then on the member's page you wish to view.

Contact your web-master if your page needs to be updated or corrected. **A lot of them are still "bare bones basic."** Send information to your editor/web-master and let's get them up to speed!

MEMBER NOTES AND ACHIEVEMENTS

Search for a Ghost Writer

Our son and editor/Cover designer has been approached by a senior pastor's wife in Walla Walla. She wants to do a book about her husband's family. For several generations they have been involved in foreign ministry. She would like to chronicle their adventures. She is willing to pay someone to ghost write with her. If you are interested in discussing this project with her, let us know, and we'll help you make contact.

Chuck Lehman

Why is J.B.'s website named *Illusions of Magic*?

Back when the website was created, it was named for my 2015 novel, *Illusions of Magic*. But that excludes, as radio icon Paul Harvey became famous for saying, "the rest of the story."

The novel's description begins, "Illusions abound. Connie's illusion is a better life with someone else. Hinkley's illusion is a return to earlier times. Sossek's illusion is money without work. And Giuseppe Zangara's illusion is to 'fix the world' by killing FDR."

With the exception of Zangara, these are fictional characters, but the universality of illusion in real life is—I'm in danger of repeating—*not* an illusion.

We see and feel it everywhere--the illusion of peace in a conflict-torn world, the illusion of health in a world ravaged by coronavirus, the illusion of safety in a world of nuclear weapons. And in each of our personal lives illusions are as common as those of the fictional Connie, Hinkley and Sossek. Yet we persist, insistent on magic.

And so it is with deck hand Billy Farris in Chapter 6 of my latest novel, as he assures

Captain Zack, "It'll work out somehow." Be sure to download *Dangerous Parallel* from my website today. (It's not an illusion!)

<http://www.illusionsofmagic.com/illusions-of-magic-book-blog>

J. B. Rivard, Author-Illustrator

Low on Gas – High on Sky

Finalist: ABF "Best Book,"

IAN "Book of the Year"

Winner: "Reviewer's Choice"

www.illusionsofmagic.com/low-on-gas-high-on-sky-by-jb-rivard

I Like to Buy Books, But...

Over the years I've had to make painful decisions as to which books to get rid of whenever I buy new ones and have run out of space. My bookshelves only hold 150 books more or less. Up to now, I thought probably everyone had this problem. That is, until Covid-19 forced guests of TV news shows to broadcast from their homes. Most of these guests are in their libraries, which I discovered have tons and tons of books. They are so lucky and I am so envious that lately I've found myself obsessing about this. I want more bookshelves, but the simple answer to this dilemma is that I don't have any more space anywhere in my house for more bookshelves.

One might ask why I don't store e-books on my phone. That would give me lots of extra books and space. Well, the fact is that my husband has around 200 books stored on his phone and so far neither of us has taken the time to read them. Call me old-fashioned, but I still like reading the good ol' bendable paperback books the best, instead of reading from a cold stiff screen.

So, of course, my problem will never be solved unless we buy a larger home, which we have no intention of doing. However, there is one small ray of hope for book lovers like me, and that is to purchase rectangular-shaped, ribbon-woven baskets that can hold up to 32 books each. Of course, you have to find room for them, which so far I have.

Question: Are there any free contests for authors to send their manuscripts or

finished books (including children's books) to? Most of the contests I see cost anywhere from \$25 to \$75 per book. This is too spendy for me.

Esther J. Hildahl

UPCOMING EVENTS

Note: Many events have been cancelled or postponed to a later date because of the current Corona Virus/Covid 19 outbreak. If cancellation or change isn't indicated here, please check to see if it is still taking place.

Contact daveeva@comcast.net or e-mail authors@spokaneauthors.org to get your event listed.

On Going:

The **Inland Northwest Writers Guild (INWG)** used to meet the second Wednesday of the month at 5:30 pm at Perkins Restaurant and Bakery, 12 East Olive Ave., (downtown) Spokane, WA.

Currently they meet on-line via Zoom, and typically send out a notice and invitations to join in a few days before the event.)

For your future planning, we schedule our meetings for the first Thursday of the month. Hopefully when we are able to meet again, we will be able to do so on those days, and at the time and place we used to. There is of course, the possibility that we will need to choose a different day, a different site, and a different time.

As always, let me know of any upcoming writer related events you might have coming up and I'll try to get them listed on the web-site's "Programs" page and here in SASP NEWS.

SASP BOOKS ON AMAZON/KINDLE

Many SASP members' books are on

Amazon and/or Kindle™ (We print short parts of the list on a rotating basis. The complete, and hopefully up to date list is available on the web-site, under "NEWS")

(Contact the editor/web-master at daveeva@comcast.net or at authors@spokaneauthors.org to get your Amazon/Kindle books listed)

To speed your search, add the provided ten digit numerical or alpha-numerical code (ASIN) to: [www\(dot\)amzn\(dot\)com/dp/](http://www(dot)amzn(dot)com/dp/)
Example: www.amzn.com/dp/B008TXC332
or: www.amzn.com/dp/1936178044
(Recently it seems Amazon is assigning its own unique ASINs to the paperback editions of books, rather than using the ten-digit ISBN as they previously did. In the future we will attempt to point this out in individual listings.)

Larry Danek

I'm the Ghost in this Body: The Nomadic Ghost
B0110Z500Q

Jed's World B00MWDJ1YY

Jed's World (New, Revised Edition)

B08HSPQPG6 B08HW4F323L (pb)

Ghostly Reunion: A Nomadic Ghost Story

B077KHR33M

The Runaway Ghost: Story of the Nomadic

Ghost (Vol. 3)

1986978605

Ghost at the Border

B089S6TWXT B089M1D93T (pb)

Esther J. Hildahl

Meadow Pond B072FS1CLL 154244828X

Mr. Inky: Spider with an Attitude

B07177PLGX 1542451248

Marie's Marvelous Tomato

B073SFTS74 1548307653

Poopie the Fly and Friends

B07HNQLKMW 1724038427

Russell H. Ford

Depop

B019NGA00Q 159849175X

Re-Ring

B01IRW4XVY

Wayne Kyle Spitzer

That Thing We Killed

B076QF8XZY

Comes a Ferryman

B074SJF1TJ

The Tempter and the Taker

B074SV557F

The Pierced Veil

B074STJMGW

Black Hole, White Fountain B074SY83RW
To the End of Ursathrax B074SWXM61
X-Ray Rider 1 B0755QN1N6
X-Ray Rider 2 B0755PY9NB
X-Ray Rider 3 B0755QPM67
 Algernon Blackwood's "The Willows," a
 Scriptment B07575JDFS
 Flashback B07689XLTX
 Flashback Dawn: "Naaygi" B07836PYT5
 Flashback Dawn: The Devil's Snambnala
 B078NHDKZN
 Faraway, Nearby B076PNH7V8
 Behind a Pale Mask 1973289415
 Wet Bark B077RJ463S
 Killer in the Looking Glass B0779DM1QH
 Lean Season B074VD53SF
 How About a Coke and Some Fries?
 B077TPR77D
 Flying the Fog Roads of Cascadia
 B077WTSXZN
 Red Marillion B077M3ZHWP
 Coffin Road B076XQY5FK
 Napoleon B076FBPRYV

Azalea Dabill

Falcon Heart B00VOEQXIO
 Falcon Flight B019YRTIRO
 Lance & Quill B010ZD7PVS
 Path of the Warrior B00W4JYHL8
 Falcon's Ode B075ZZBPKR
 Nightshade & Knitbone 943034109

Karen Jean Matsko Hood

Blood Heiress 1592108857
Bloom of Autumn Gold 1592102166
Huckleberry Delights B0045U9U34 1596493852
Transracial Adoption 1594346690
Transracial Adoption Guide 1594346704
Petting Farm Fun B00H5X0Y2E 1594346186
Finding Rudolph B074JZPG9X 1598082957
Morning Reflections B00DH70LVG 1930948557

Tom Wallace

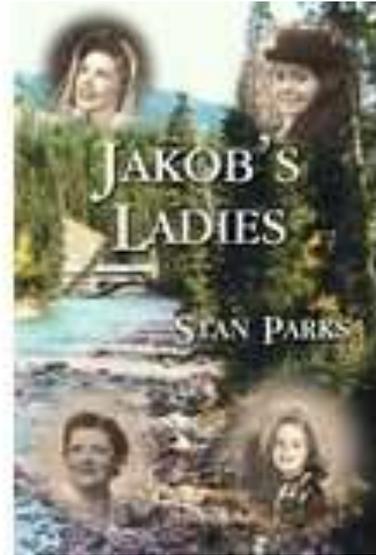
*To Kill a Poacher: A Psychological Case Study
 in Empathic Health and Applied Spirituality*
 0595475442

Ed Des Autel

III Minutes to XII B07B3YDPLK 1641382511

FEATURED BOOK REVIEWS

(Western Historical Fiction)



Reviewed by E. J. Deuber

The book cover of *JAKOB'S LADIES* gives a curious view of the story and complements the information in the blurb on the back cover giving an accurate impression of a story.

SUMMARY:

Even though, his mother had already had his life planned as well as had chosen his bride, young Jacob Miller, a graduate of dental college leaves his home in Milwaukee for Sheridan, Wyoming. His first office located in a back room of the local MD's office seemed a bit dreary, but he felt grateful to have any place to work. He and Doctor Kelly become great friends. Assisting Doctor Kelly in many surgeries, Dr. Miller DDS discovers he's also a good surgeon.

As his clientele grows in Sheridan, he travels once a year to a nearby town and offers his service. He also provides dental care to the local Indian Nation. About the time he rents an office of his own, he realizes he's in love with Liz, the local schoolteacher. They marry against his mother's wishes. (Have Conflict with religious preference.) When their baby, Beth Ann is born about a year later, they

expect to live happily ever after. Real life intervenes. On Beth Ann's second Christmas, Liz succumbs to cough and fever.

"Jakob was emotionally broken, numb, as he received mourners."¹

Although struggling with Liz's death, Jakob continues to take loving care of Beth Ann with the help of the housekeeper. When members of the community convince him to participate in community affairs, he becomes a well respected community servant, and leader in the annual *Sheridan Fair*.

At seven years old, Beth Ann begs her daddy for a pony. He thinks about buying her a pony. At the perfect time, Jakob runs into an old acquaintance, Geraldine Widicker.

Jakob and Liz had met James and Geraldine Widicker several years before at a birthday party for Oliver Henry, the owner a large ranch that was an overnight ride from Sheridan.

At their first meeting, Geraldine discovers Jakob is a widower and Jakob learns she's a widow who now owns the Oliver Henry ranch and raised horses on it.

EVALUATION:

Kudos to Stan Parks. This story seems more like a memoir than a novel. The style used in introducing and developing characters is believable and charming, but sometimes too sweet. The plotting timely. This Western novel is unusual because the hero is a dentist rather than a sheriff, or marshal, and it replaces the theme of lawlessness with one of late 1800 early 1900 dentistry.

The vernacular dialog interrupts the story sometimes, but the clichés identify the period.

Unable to know what year this story began until page 116 was frustrating; I kept flipping pages to find out. I would have like to have seen Beth Ann have a closer relationship with her maternal grandparents.

Gary Cooper strutted along the streets of Sheridan, Wyoming as Dr. Jakob Miller. I recommend Stan find a professional writer of western movie scripts.

Jakob Miller arrived by stagecoach in Sheridan, Wyoming in 1895, just having graduated from the Chicago College of Dental Surgery. Sheridan was a frontier town expecting the railroad to arrive within a few months. Then Sheridan would really start growing.

The last Sheridan dentist had died four years ago. The local doctor, Doc Kelly, rented Jakob his storeroom for a dental office. Later, Jakob found an old barber chair in need of repair to use for his dentist chair. After doing a few more things to get his office ready, Jakob was ready for business.

Zeke, Jakob's first patient, walked in, grinning his toothless smile. He wanted to buy *some of those store bought teeth*, but he didn't have enough cash to pay for them. So he offered to take Jakob elk hunting in the Bighorn Mountains in exchange for his teeth. Jakob agreed.

On their hunting trip, Jakob was able to shoot a large elk. But later he was attacked by a big grizzly bear. Zeke shot the bear, but not before it shredded Jakob's right arm.

Jakob met his wife-to-be, Liz, the local schoolteacher, who helped take care of him as he recovered from his injury. Eventually they were married and moved into a small one room cabin. They were both very happy.

As time went by, Liz gave birth to a daughter, Beth Ann, and they were able to move into a much larger house. Then their happiness took a tragic turn when Liz became very ill and died, leaving Jakob and Beth Ann, who was only two years old at the time. With the help of his housekeeper, Chucha, Jakob was determined to raise his daughter by himself.

However, five years later, Jakob fell in love with Geraldine, one of England's aristocrats living in Wyoming. Beth Anne loved her, too. Before they were to be married, they traveled to England so that Jakob could meet Geraldine's family, which they did. But due to circumstances, Jakob returned home alone.

¹ JAKOB'S LADIES. PAGE 203

Will this be the end of their relationship? Will Geraldine ever come back to Wyoming? Will they ever get married? Read and find out.

I enjoyed reading *Jakob's Ladies*. It tells a very good story. It's never boring, and I recommend it to one and all.

Reviewed by Esther J. Hildahl

This story begins in the 1890s when Jakob Miller, a recent graduate of the Chicago College of Dental Surgery, and against the advice of his parents, arrives by stagecoach in the frontier town of Sheridan, Wyoming. He sets up his temporary office in a storeroom rented from the town's only doctor, Doc Kelly. A repaired barber chair becomes his dentist chair. After putting an ad in the local newspaper announcing that he is open for business, his career as a dentist begins.

Being the only dentist in town, he has lots of patients. He helps anyone who comes to his office needing dental care, including the Indians that live outside of town. Some of his patients can pay and some cannot. Zeke, one of his first patients, can't pay for the "store-bought" teeth he wants, so he makes a deal with Jakob to take him elk hunting in the Big Horn Mountains in exchange for his teeth.

The hunting trip is successful until the end when Jakob is attacked by a grizzly bear and his career as a dentist almost comes to an end. However, one good thing comes out of this experience and that is that he meets Liz, the local schoolteacher, who helps nurse him back to health. They fall in love and get married. After a while they are blessed with a baby girl that they name Beth Ann.

The railroad comes to Sheridan and the town grows and becomes more prosperous. Jakob loves Sheridan and grows with the town, becoming more involved with its local government. When business slows down Jakob decides to go to Buffalo, a town about forty miles from Sheridan, to make some extra cash fixing teeth. They don't have a dentist there and he has many patients, but he waits too long to come back and gets caught in the

first winter blizzard. Snow is everywhere and he barely makes it back home.

Doc Kelly is Jakob's best friend and they help each other out, even doing complicated surgeries together! Liz spends much of her extra time teaching adult education to those who want to learn how to read and write. Eventually, Jakob and his family move into a larger house.

When Beth Ann is two years old, the family's happiness is shattered when Liz becomes very ill and dies. Jakob is heart-broken but determined, with the help of his housekeeper, Chucha, to raise his daughter by himself.

Five years go by. Then Jakob discovers love again with Geraldine, an English lady, currently running a ranch in Wyoming. Beth Ann loves her, too, especially after she gives Beth Ann a horse and teaches her how to ride. Jakob and Geraldine speak of marriage and go to England to meet her aristocratic family.

But things happen beyond Jakob and Geraldine's control, and Jakob comes back home to Sheridan alone. He doesn't hear from Geraldine and is left wondering if he will ever see her again.

I enjoyed reading *Jakob's Ladies* and was very impressed with all the work that went into it to make it the great story that it is. I liked that Parks told the history of dentistry at that time. It was very interesting and made me realize, being a person who has had lots of dental work done during her lifetime, that I am so thankful that I didn't have to go to the dentist in those days! Also, the characters were well written--very believable. And after reading this book, I really feel that I know what the town of Sheridan was like in the 1890s.

I recommend this book for anyone who likes a little history, a love story, adventure, and humor.

Reviewed by Joyce Caudel

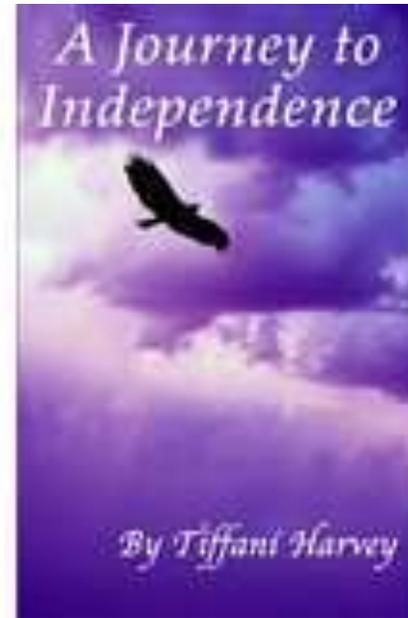
Jakob's Ladies is a delightful story about a young dentist trying to establish his dental practice in Wyoming in the 1800's. Mr. Parks has a way of describing the hardships of the

early west that is very believable. The book is full of colorful characters both male and female.

Jakob's Ladies are as follows: Margaret, his mother. Alice, an old girlfriend, his mother won't give up on. The beautiful school teacher, Elizabeth, who nursed him back to health after a bear attack and later became his wife. Lillian Massey, better known as Diamond Lil, a patient. At her request, he put small diamonds in several of her front teeth. BethAnn, the daughter that gave him a reason to live after his dear wife, Liz, passed away. Chucha, the Polish housekeeper, whom Jakob soon learns he can't manage without. Lady Geraldine, an English aristocrat and owner of a near-by ranch, steals the heart of BethAnn and soon steals Jakob's heart also.

Jakob's Ladies is a fun read. As a modern-day dentist, I'm sure Stan enjoyed writing about dentistry in the early west.

I recommend this book to anyone who has ever lost a tooth!



Reviewed by Esther J. Hildahl

Jody Visits Tooth Fairy Land

(Sorry, no cover illustration available)

Written by E. J. Deuber

Illustrated by Harry H. Deuber

Reviewed by Esther J. Hildahl

Jody has lost a tooth and she wants to talk to the Tooth Fairy. Her wish comes true when the Tooth Fairy appears and invites Jody to fly with her to Tooth Fairy Land. Here the Tooth Fairy, Wee Fairies, and Wee Elves live. Jody, wearing her magic tooth necklace, has an exciting time exploring Tooth Fairy Land and discovering where teeth go and what they are used for after the Tooth Fairy takes them.

I thoroughly enjoyed reading this charming children's book. It's creative, well-written with interesting characters, and has a surprise ending. An excellent story to read aloud to young children. Plus, the illustrations are great. They, too, are creative, well-drawn, colorful, and fun to look at.

A Journey to Independence was written by the author who was born with many disabilities. It's the story of her life experiences and the choices she has had to make—often not easy. She has a strong belief in God and herself and sometimes has to prove to others that just because she is disabled doesn't mean that she isn't capable of doing many things. I learned from this book that there are things that can make life better and safer for the disabled. One of these things is public transportation. It should be a lot easier to schedule rides on the disability van and the people who ride them should be dropped off and picked up as close to the time the person signed up for as possible. More drivers should be hired. No one likes to have their time wasted, waiting for long periods of time or being dropped off hours before an appointment.

Ms. Harvey takes us into her world and offers good advice for other disabled people and to those who are interested in what she has to say. She's also written a workbook to go along with this book.