

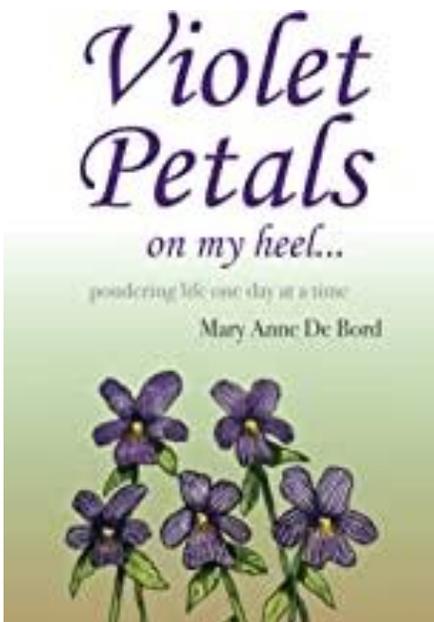
Spokane Authors Member Web-Page



Mary A. De Bord
Advisory Board Member

Mary writes, lives in Spokane, and joined Spokane Authors in the fall of 2022. *Mary De Bord is a recently retired dental hygienist / consultant formerly known as "The Tooth Fairy." In addition to writing, she enjoys gatherings with family and friends, gardening, travel, oil painting, thrift store adventures and repurposing found treasures. She lives in Spokane, WA and can most often be found in her studio or garden enjoying the flowers, squirrels, birds, butterflies and whoever drops by!*

*Continue below for information about Mary's book.
(Includes Amazon™/Kindle™ ASIN codes)*



Violet Petals on my Heel: Pondering Life One Day at a Time 1667858688

Do you allow yourself the luxury of a few quiet moments each day to assess your own life and contemplate where you are headed?

Violet Petals is a random series of daily thoughts, stories and experiences meant to prompt introspection and hopefully inspiration. Consider the choices offered to you each day, each moment, and how you might thoughtfully respond to life, instead

of rapidly reacting. There are signs all around you guiding you on your journey. Slow down and take notice. There is also an entire universe within you just waiting to be discovered and acknowledged; unexpected whispers in your mind directing you to your happiest most harmonious life.

Allow yourself some quiet, uninterrupted time to discover your Divine purpose, to pay attention to your feelings, and to inform your best intentions. Day by day we can improve ourselves, and together, our world.



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