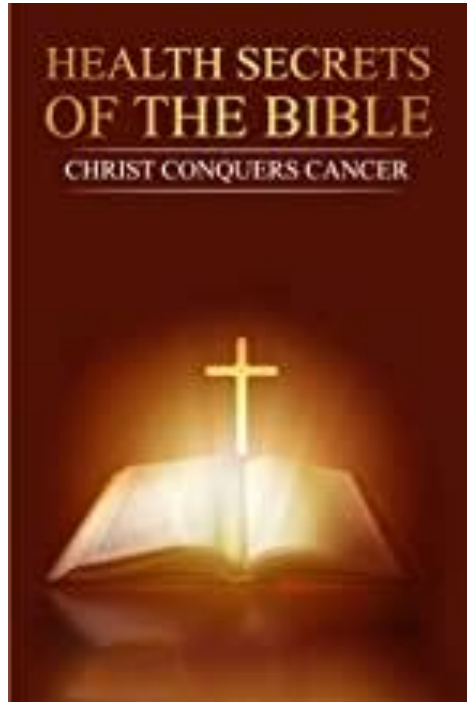


Health Secrets of the Bible: Christ Conquers Cancer



By Sidney Hemmings Moore

Reviewed by Esther J. Hildahl

The author, Ms. Hemmings Moore, at one of our Authors' meetings, told us how she was healed of cancer as she lay dying. Being a cancer survivor myself, I was interested to see what she had to say, so I purchased her book. Needless to say, this is a fascinating story. After her miracle of being saved from certain death, the author began to study the Bible and shares some of the information she learned. She writes of the power of prayer and how it can help you overcome almost everything. One part I found very interesting was the part on superfoods as talked about in the Bible. Some of these foods were figs, greens, flax, grains, eggs, fish, yogurt, honey, garlic, and wine. There's a lot to this book that gives good advice on how to have a healthy heart, how to beat depression, how to relax, and how to forgive. The author is a true believer in Jesus and has experienced many miracles herself since cancer.

I enjoyed reading this book. It's well-written and tells you a lot of interesting things in the Bible that you can look up and see for yourself. I recommend this book for one and all, and especially for anyone who wants to learn how to pray and become closer to Jesus.



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