

## Spokane Authors Member Web-Page



Gail Bergan

Gail Bergan was born in North Dakota into a large Polish family. She was the youngest of seven children and learned self-sufficiency at an early age. After graduating from the University of North Dakota with a BS degree in geology, she moved to Dallas, Texas, at age 21 to begin working in the oil industry. She earned her MS degree in geology at the University of Texas at Arlington, in the Dallas-Ft. Worth area. Gail worked in the oil industry as a geoscientist for 10 years before resigning to start her own business as a technical/science editor and desktop publisher. She remained self-employed for the next 30+ years, living in Houston and Rockport, Texas. In the summer of 2023, she semiretired and moved to Washington state to be closer to family.

In 2021, Gail started the blog "Gail's Story," where she enjoys posting creative nonfiction essays and book reviews. In 2024, one of these essays was chosen to be included in the "Journey Into Time" anthology, published by the Houston Writers Guild.

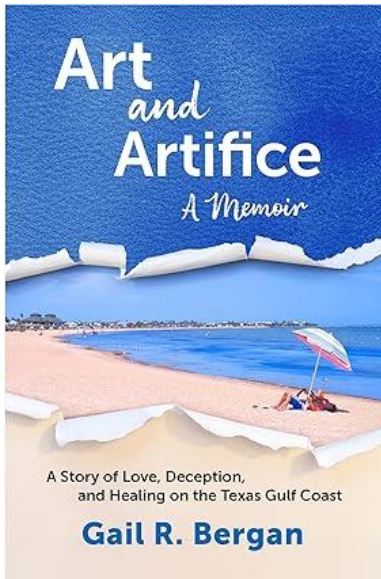
Gail loves original artwork and had her own art gallery at one time; the tale of this gallery is chronicled in the 2025 memoir *Art and Artifice*. Although the gallery no longer exists, her walls are still awash with color.

Visit Gail at: [www.gailsstory.com](http://www.gailsstory.com)

*Continue below for information about Gail's books.  
(Includes Amazon™/Kindle™ ASIN codes)*

## Arts and Artifice: A Memoir

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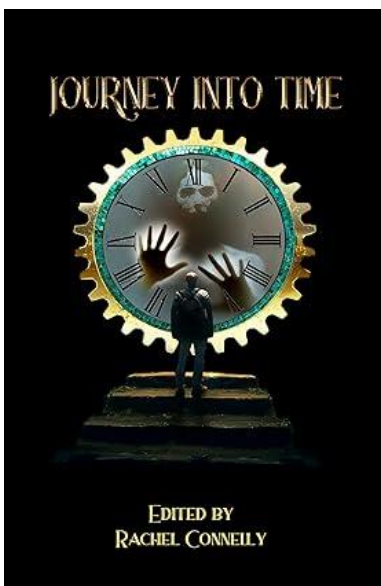


In the mid-2000s, Gail Bergan was in the midst of a second divorce when she fell in love again—hard. Paul was a colleague she'd worked with for more than a decade. When their stars collided, he seemed to be the one she'd waited for her entire life. He had exceptional artistic abilities and a deep desire to pursue a career as an artist that had lain unfulfilled since his college days. With encouragement and support from Gail, they both quit their jobs in Houston and moved to a small seaside town on the Texas Gulf Coast to open an art gallery that would showcase Paul's work. The triumphant grand opening of their gallery took place in September 2005. What happened 4 weeks later detonated a bomb that blew Gail's world apart, reverberating in her life for the next 10 years.

In *Art and Artifice*, Gail's debut memoir, she describes the familiar patterns of getting involved with a narcissist: love bombing, emotional control and manipulation, gaslighting, abandonment—then return and repeat. How everything about Paul turned out to be a lie—from his statements about "my father prevented me from pursuing the arts as a career," to his lack of financial resources, to accusing Gail of being involved with other men (meanwhile, he was having affairs himself). She also describes how a brilliant therapist helped her break the pattern of control and set her on the path to healing. Gail wrote this memoir to help other women recognize these dangerous liaisons and to offer hope, solidarity, and support for those who choose to walk away.

## Journey Into Time (Journey Anthology Book 2)

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Enjoy these tales from: Catherine Gentry, Joy Beguine, Timothy Gene Sojka, Jean King, Gunnar Birgisson, Cynthia Klopsteck, **Gail Bergan**, Cyndi Whatif, Tassie, Kalas, Fern Brady, Lynn Long, Theodore, Niretac Tinker, and K.M. Sokulski.

Embark on a journey into time as thirteen talented authors invite us into their worlds and give us their unique takes on how time can be a powerful agent for change. Tasked with writing a short story in any genre that incorporates the idea of time in some way, our authors present to you this collection of stories each with a unique take on time and spanning a vast array of genres.

The Houston Writers Guild and Women in the Visual and Literary Arts present: *Journey Into Time*, a carefully curated anthology filled with humor, heart, drama, and a love of words.



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