

Spokane Authors Member Web-Page



Anna Goodwin

...writes nonfiction as E. Anna Goodwin and fiction as Ana Parker Goodwin. She is a former psychotherapist, crisis counselor, assistant professor, lecturer and workshop presenter turned writer at the end of her career. She received her M.S. from the University of Maryland in 1980, majoring in child and adolescent psychology. She was licensed and is still Nationally Certified.

She was raised on a quiet prairie farm near Winnipeg, Manitoba, Canada and spent her first eight grades in a country school with about 20 other children. At 14 she left home and moved to the nearest town to obtain her high school diploma. Upon receiving her nursing degree in Winnipeg, she followed a friend to Berkeley, California during the years of the revolution, and was in for a bit of a shock. She worked at Alta Bates hospital and after a year married Ron, an Invertebrate Pathologist who graduated with a PHD from Berkeley. After their marriage they moved to Australia where Ron had an appointment for three years with the CSIRO. They travelled around the world and returned to the USA where Ron worked for the USDA in Maryland for many years. They then transferred to Montana, where both worked until retirement and a move to Idaho. They have two wonderful children who are both grown and married.

In her private practice Anna specialized in working with people who had Post Traumatic Stress Disorder, many of them clients who had been physically and/or sexually abused, accident victims, or veterans. She co-authored a professional book on Sandplay Therapy which was published in 2000 by W.W. Norton and later translated into Chinese. It is still selling well internationally. She also completed a

self-help book for veterans, their families and their friends. The book is called *How to Cope with Post Trauma Stress Before it Becomes a Disorder.*" The book should be out in July.

She is also writing *can't put down* psychological murder thrillers. *Justice Forbidden* is the first in a series with Dr, Faythe Bradington, a Clinical Psychologist from Boulder Colorado, and L.P. Sanborn, a detective with psychic powers. Faythe is caught in a multimillion-dollar lawsuit for implanting false memories of abuse. She is sure her ex-client is lying. But why? That morning she finds a dead body in her office.

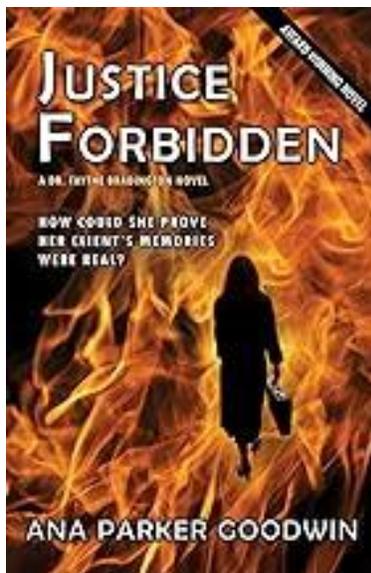
Neurobiologists are rapidly uncovering how the brain works. What are the most recent facts about memory? Are there actually false memories as some researchers have claimed? Can memories be repressed and then recalled years later? Read the book to find out.

The sequel is in progress

*Continue below for information about Anna's book.
(Includes Amazon™/Kindle™ ASIN codes)*

Justice Forbidden

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What are the facts about memory? Are there false memories? Can memories be repressed and then remembered years later? This is one of the greatest controversies still raging in psychology today.

Dr. Faythe Bradington, Clinical psychologist, is shocked to discover that an ex-client is suing her for implanting false memories of childhood sexual abuse. Faythe rushes to her office to read her files, but when she arrives she discovers a body in the waiting room. Now terrified, she calls 911. The police attribute the death to domestic violence, but she is convinced the lawsuit and murder are related, especially when a shadowy man begins to stalk her.

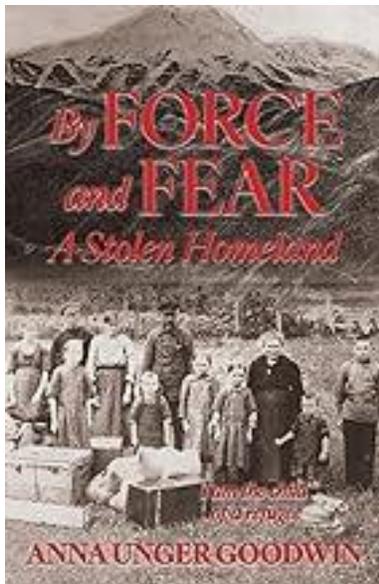
To make her situation worse, her insurance company insists she settle out of court. There will be no justice for her unless she can discover conclusive evidence of what really happened to her ex-client twenty-five years earlier. Are her ex-client's memories real? Were they imagined and/or implanted as she now claims? Or has she been lying all along?

Determined to find the truth and clear her name, Faythe hires L.P. Sanborn, a private investigator, who unknown to her has psychic powers that become crucial

in solving the case. As Faythe and L.P. probe into her ex-client's haunted past, they discover dark secrets so ominous that just knowing them will set off unstoppable deadly events.

By Force and Fear: A Stolen Homeland

1960059270 B9DNRNKW4S



By Force and Fear: A Stolen Homeland is based on the true stories of Chnals, a twelve-year-old German-Russian boy with unusual faith and courage in desperate times. On February 8, 1918, a thousand-man army of Tatars, on horseback, raced down the Caucasus Mountains onto the unsuspecting German villages below. Within hours Chnals turns into a man as he takes charge of the younger children in the family.

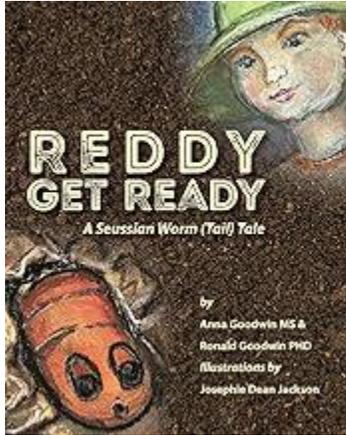
The setting is Southern Russia near the Caspian Sea, and north of the Caucasus Mountains, during the beginning of the Russian Revolution and communism. The Czar has been dethroned, and anarchy is sweeping the country.

The stories, based on real life events, tell of Chnals's escape to freedom to own his land, freedom to speak his truth, freedom to worship, Running, hiding, laughing, crying, his words echo the true sacrifices our ancestors and many people today are still making to obtain liberty.

Inspired by her father's stories, young Anna, the author, relives her father's deeply traumatic young life through his many memories, with much deeper understanding and love.

It is now a hundred years ago (August 8, 1924) that the family escaped Ukraine and landed in Quebec, Canada. The question that still lingers in Anna's mind is simple. "Why? Why are we reliving the same story again?"

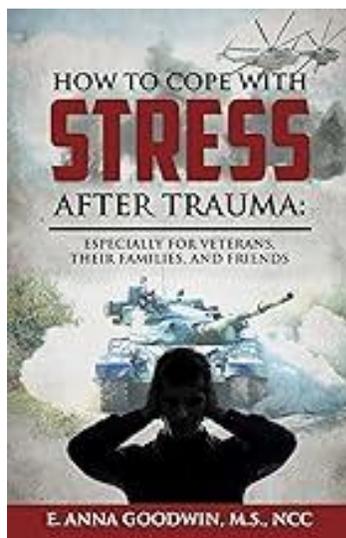
Reddy Get Ready: A Seussian Worm (Tail) Tale 1940025362 B07NHDY29F



Follow the delightful adventures of Reddy the red worm as he sneaks out of the compost pile into the big wide world. What happens when birds and humans find him? And what does he learn about himself when he meets Madame Mill Botsky, a millipede fortune teller? The book includes scientific facts about earthworms, their value, how to build a worm bin, and a research study to conduct with children.

How to Cope with Stress After Trauma: Especially for Veterans, Their Families and Friends

1940025109 B010VXLNW4



Do you or someone you know suffer from the stress of a past trauma? This book is a timely and comprehensive guide, especially for veterans, their families and friends, to help them cope after veterans return from war. The book includes a stress test, Post Trauma Stress information, twenty recovery steps for veterans, and a section for families and friends to help them deal with their veteran, themselves, and their children. Although the stories are specifically of veterans, the listed strategies are as valuable for others severely stressed after any trauma. Psychotherapists and groups can also use these healing steps as an adjunct to other techniques



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