

A Journey to Independence

By Tiffani Harvey



Reviewed by Esther J. Hildahl

A Journey to Independence was written by the author who was born with many disabilities. It's the story of her life experiences and the choices she has had to make—often not easy. She has a strong belief in God and herself and sometimes has to prove to others that just because she is disabled doesn't mean that she isn't capable of doing many things. I learned from this book that there are things that can make life better and safer for the disabled. One of these things is public transportation. It should be a lot easier to schedule rides on the disability van and the people who ride them should be dropped off and picked up as close to the time the person signed up for as possible. More drivers should be hired. No one likes to have their time wasted, waiting for long periods of time or being dropped off hours before an appointment.

Ms. Harvey takes us into her world and offers good advice for other disabled people and to those who are interested in what she has to say. She's also written a workbook to go along with this book.



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Page created 02/12/2019 dam

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